

# Sensory Bottles

“Children see magic because they look for it.”

- CHRISTOPHER MOORE

Sensory bottles are great play items for babies and you can make them at home. Create colours, patterns, glistening surfaces and great big blobs for your baby to play with and observe.

Sensory bottles incorporate a wide range of skills and can teach babies things such as colour and shape recognition, as well as introducing science concepts such as cause and effect as things sink and float.

Sensory bottles are a great play tool in many different circumstances. You might be able to calm your baby down if upset or distract them from a situation. You could give your baby a sensory bottle in the car, doctor's clinic or at the shops to keep them entertained.



## What you need...

### To get started:

- + An empty, dried out clear plastic bottle  
(We have used Voss water bottles although any clear plastic bottle will work)
- + Mixing bowl, spoons, funnel
- + Duct tape, super glue

## Filling your bottles

Use your imagination to fill your bottle with whatever you like! See the next page for ideas and inspiration



# Sensory Bottles

## What to do:

1. Set up all ingredients on a dry surface
2. Mix ingredients in the bowl/jug and then using the funnel, pour into bottle leaving a small amount of space to add your bits and bobs (such as shells, glitter etc)
3. Dry around the lip and then add super glue on the inside of the lid and place the lid on tight
4. Wrap some duct tape around the lid and neck of the bottle to ensure that the lid won't come off and the bottle won't leak

**\*SAFETY TIP: Ensure the lid is secured with super glue once the bottle is complete and then duct tape is wrapped around the lid and bottle**



## GLITTER BOTTLE

Half a cup of glitter glue

Enough warm water to fill bottle

Extra glitter and sparkles

**Tip:** Whisk glitter glue and water before putting into the bottle for an even consistency

## OIL BOTTLE

Clear baby oil

A few drops of food colouring

Shells, glitter, straws, buttons, sequins, pom poms

## NATURE BOTTLE

Long sticks, pebbles, leaves, rice, pasta, sand, bark, seeds, shells, dried flowers