

Musical Rain Sticks

Rain sticks make relaxing sounds. Enjoy crafting your own and use your imagination to create different sensory experiences.

What you need:

- Paper towel roll
- Piece of aluminum foil
- Plastic cling wrap
- Rice or dry beans
- Tape (or rubber band)
- Craft supplies

What to do:

+ Crumple up a long, thin piece of aluminum foil and insert it into the paper towel roll

The aluminum foil will act as the barrier to ensure the rice moves through the roll at a slow rate, mimicking the sound of falling rain

+ Put a doubled-up piece of plastic wrap over one end of the roll and tape to secure in place

+ Pour a tablespoon of dry rice into the open end of the roll then seal the end with plastic wrap

+ Tape plastic wrap in place and decorate as you desire



Time to make some music!



We love the sound of rain pitter-pattering. Turn your rain stick upside down: what can you hear?