

Slime Time

Squish it



Shape it

Squeeze it

This is a fantastic activity with an easy recipe to match. Parents it is also a good stress reliever. Join the kids and let your mind drift as you play.



What you need:

2 cups of water

Food colouring

3 cups of Cornflour

A big bowl and trough

* have extra water and cornflour on hand to get the texture to your liking

What to do:

+ Add food colouring to the water - start with about 20 drops

+ Pour the coloured water and flour into the mixing bowl and stir

+ Experimentation is the key! If the mixture is too stiff, add more water. If the mixture is too sloppy, add more flour

+ When left in the bowl the slime will look and feel like a liquid. Rapid stirring will make the slime feel like a solid. When the stirring is stopped, the slime will revert to its liquid-like state.

DO NOT dispose of the slime down the drains as it can cause blockages. Allow it to dry out, wrap in newspaper and put it in the bin

Tip!

Make an imaginative world for the kids to get lost in!

+ Add little animals. If you add cocoa powder you can play pig in the mud or create a land for dinosaurs exploring.

+ Add leaves, twigs and flowers from the garden to add different textures and create further talking points and ideas.



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