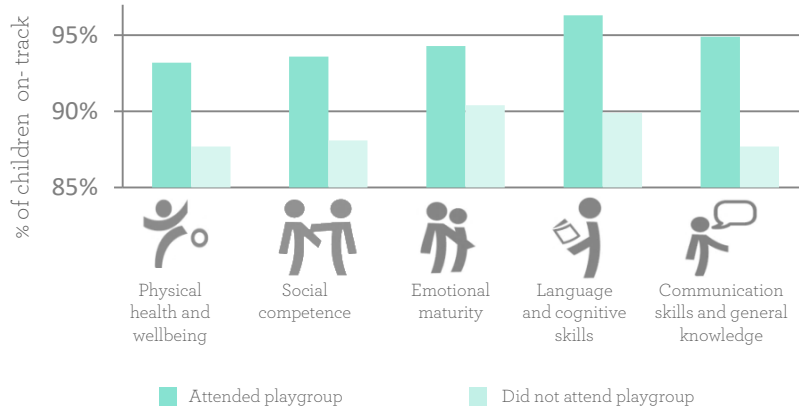


Kids who go to playgroup are more likely to be developmentally on-track.



Australian Early Developmental Census data. Source: Gregory et al. (2016).

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Playgroup is great for parents as well! For years, playgroup has empowered families. It allows parents to take time out of a busy life, to slow down and enjoy playing with their child, to watch and delight in the amazing steps their child takes while making sense of the world around them.



“The mothers I met at playgroup are my best friends. 30 years and still going.”

The sense of community that results in participation in a playgroup promotes feelings of belonging and connectedness.



2- punch here

2- punch here

Children develop skills at playgroup



Sing along

- Promotes pre-literacy skills
- Language development
- Communication and expression



Outdoor play equipment

- Appropriate risk-taking with parent
- Gross motor skills



Snack time

- Sitting at a table together
- Sharing
- Healthy eating



Play dough

- Fine motor skills
- Tactile engagement
- Increase sensory vocabulary



Sandpit

- Develop imagination
- Experience impermanence
- Strengthen muscles in fingers and hands



Reading a book together

- Sustained attention and sitting
- Listening and comprehension

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GET IN TOUCH!

Check out playgroups in your area

For advice or information on how to run or start a playgroup contact Playgroup Victoria

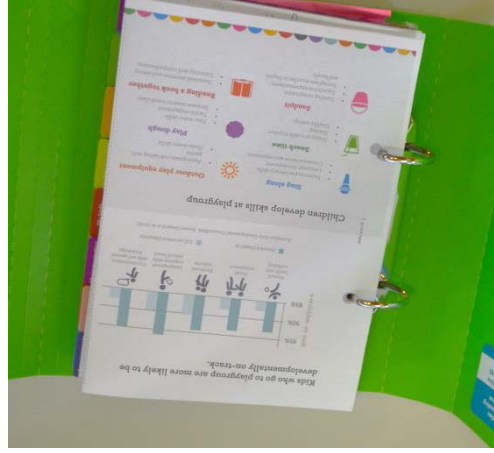
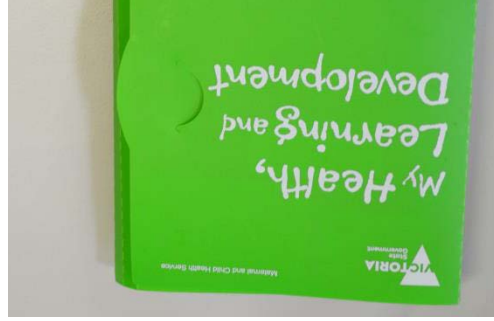
1800 171 882
pgvic@playgroup.org.au
www.playgroup.org.au

Find more playgroups at www.playgroup.org.au/findaplaygroup



Instructions for use:

This has been designed for you to explain the benefits of playgroup to parents. You may also want to suggest a few playgroups in their area. Please feel free to photocopy the front page of this document, share it with carers and encourage them to insert it in the Green Book.



You can download a pdf copy of this document from our website www.playgroup.org.au