

Your First Time Parent Group

YOU ARE INVITED!

We warmly welcome you to attend your First Time Parent Group.

Through a series of group sessions you will gain confidence as a new parent, and meet other parents in your local area to share experiences.

These informal sessions are for you and your baby, to have fun and get to know each other. Confirm your booking with your Maternal and Child Health Nurse.

Dates: to.....

Day of Week:

Time:

Location:

The MCH, Playgroup and Kindergarten Journey



Looking forward to seeing you there!