

WHAT IS PLAYGROUP ?

Playgroup is the natural step from a mother's or parents group. Playgroup is a group of parents/carers and their children under five meeting together to play and socialise. Most playgroups meet once a week for a couple of hours in a variety of venues such as maternal and child health centres, kindergartens, halls, community centres, schools and even private homes.

Going to playgroup connects you to your local community. Parents often talk about going to playgroup every week for themselves just as much as for their child's benefit. How often the playgroup meets and how structured or unstructured the playgroup is, is up to the families that attend.

A parent is the first educator of their child and playgroup provides the perfect opportunity for you to take pleasure in this role. When children play they develop language, use their imagination, explore, experiment, learn, practise new skills and express ideas and emotions.

Phone 1800 171 882
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THE JOURNEY OF PARENTS AND CHILDREN

