

# CHILDREN LEARN & GROW THROUGH PLAYGROUP

Phone 1800 171 882  
[www.playgroup.org.au](http://www.playgroup.org.au)



**The Australian Research Alliance for Children and Youth [ARACY] identified that parents are the strongest influence in determining their child's life chances.**

Parents are the child's first and most enduring educators. It is through your child's relationship with you that they learn and grow and it is PLAYGROUP which brings you and your child together in a learning environment in the first three years of your child's life.

You can attend playgroup until your child goes to school and many parents participate in playgroup and use kindergarten and childcare at the same time. Playgroup remains the only place where you and your child meet with other families in your local community to learn through play and this is why families continue to participate.

## Why is Play Important?

Play is fundamental to your child's social, emotional, physical, and intellectual development. It enables children to learn about themselves and others around them. Through early play experiences, children are able to organise and make sense of their own world and develop a positive sense of self.

Playgroup allows children to make choices and engage in self directed play. They develop and improve body control, hand-eye coordination, spatial awareness and balance. They discover shape, size, texture and quantity and develop hand-eye coordination skills. These are all skills necessary for success in more formal learning environments such as kindergarten and school.

