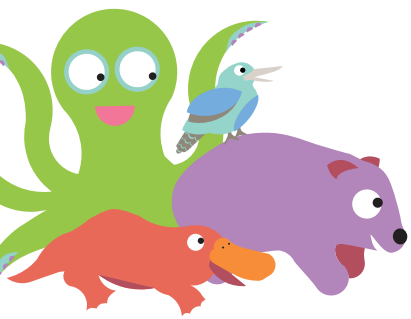
A Short Guide to Running a

Rainbow Playgroup



A Rainbow Playgroup is a space where LGBTQIA+ parents, carers, and their children (0–5 years) can connect, play and build community. These playgroups welcome families of all structures, genders and sexualities. Rainbow playgroups offer safe, supportive environments where families can feel seen, respected, and connected. They help children grow up valuing diversity - recognising and celebrating the many ways people love, live, and care.



For more advice and resources, register your playgroup!

Playgroup Space

- Display posters and visuals that are represententative of rainbow families, making everyone feel safe and welcome. Pride flags could be incorporated in the playgroup space, for example.
- Display photos or illustrations that reflect diverse family types. You could make a photo collage together, including members of your group (with their permission).
- Make family diversity part of everyday learning.
- Provide tags or stickers with participants names and preferred pronouns.

Toys, Resources and Activities

- Provide diverse representations of culture and gender through dolls, actions figures and other play materials.
- Support and encourage everyone's choice to explore dress-up clothes and roles across the gender spectrum.
- Incorporate stories and songs that reflect diversity and explore different gender identities.
- Use books that represent different family types. **Use this Rainbow Families resource as a guide.**

Partnerships and Promotion

- Connect with local LGBTQIA+ organisations or community groups.
- Promote the playgroup in inclusive spaces like community centres, at queer events and through online social networks.
- Visit **RainbowFamilies.com** for more information and ideas on books and activities.

MEANINGFUL CONNECTIONS: Many of the best ideas and advice will come from families in the community itself. Make sure you consult with them closely and always ask for feedback.