

What is a Playgroup?

A playgroup is a group of parents or caregivers with their babies, toddlers and preschool children who get together regularly for play and social interaction.

Community playgroups meet regularly in venues such as community centres, community halls, neighbourhood houses, libraries, schools, parks and play centres.

The Purpose of Playgroup

Playgroups bring young children, parents, families and different communities together. They help parents and caregivers build social and support networks that encourage and assist them in their parenting.

Playgroups also help families to have fun, relax and to build friendships.

Some playgroups also focus on one element common to all participants. For example, there are dads' playgroups, grandparents' playgroups, nature playgroups and first-time-parent playgroups.

Are there Language-based Playgroups?

Among the many specific types of playgroups are language and culture playgroups. These are like any other playgroup, except that participants are encouraged to speak in a language other than English and have a strong emphasis on culture and traditions from a place outside Australia.



How can Playgroup Victoria Support you?

If you want to know more about playgroups, or find out how to start a playgroup, you can call our hotline: 1800 171 882 (within Victoria) or (03) 9388 1599 (outside Victoria).

If you'd like to find a playgroup in your area, visit our [Find a Playgroup](#) page OR scan the qr below

