

Sounds of Nature



Going on a listening walk provides children with an opportunity to hear a range of new sounds. They may hear birdsong, insects buzzing or chirping, the wind through the trees, and leaves crunching underfoot.

Talk with them quietly about the sounds they hear: Are they soft or loud? Long or short? Do they make a pattern? You may also hear sounds introduced into the environment by us like cars going by, construction work and aeroplanes flying overhead.

This simple activity helps a child to develop their listening and communication skills and feeds their cognitive ability because they must stop and think about the noises they are hearing.

What to do:

1. Listen and observe
2. Take a recording device and record some of the sounds you hear

TIP: On your walk, collect natural items like leaves, twigs, seed pods, shells, pebbles etcetera. These items can be used at home as instruments or attached with pieces of string to a clothes hanger to create a mobile

Rainy days can be a wonderful source of new listening experiences. The rain falling on the roof and against the windows, the wind and thunder associated with storms. Listen and enjoy!

