

Making Bubbles



Bubbles are a great source of delight for children. Bubble play is a socially interactive activity that brings children and babies together. When babies and children chase bubbles, they are developing gross motor skills. When babies and children blow bubbles, they are developing mouth muscles and speech sounds. It is also lots of fun!

What to do:

1. Make up bubble solution and pour into a container
2. Blow the bubbles around your baby and up into the air. They will enjoy watching the bubbles float and pop
3. Encourage your baby to catch the bubbles and introduce sound words like 'pop'
4. Blow the bubbles up high and encourage your baby to stretch and catch
5. Talk about the different colours the bubbles make as they float around

***SAFETY TIP:** Special care should be taken with the bubble mixture to ensure it doesn't come in contact with eyes and is not swallowed.

What you need...

- + 1/4 cup glycerin
- + 1/2 cup water
- + 1 tablespoon liquid detergent
- + Bubble blowers
- + Container or tray

