

Choc Coconut Balls



These little sweet treats are perfect for a snack and they are lots of fun to make. This exercise encourages children to count and measure. It is hands-on and as such allows children to practice their fine motor skills. More than anything, it is an interactive task that brings you together to make something from scratch, learning about flavours, textures, aromas and the joy that brings!

What you need:

1 packet of Marie Biscuits
(or any sweet, plain biscuit)
1 teaspoon of vanilla essence
1 can of condensed milk
1 bag of desiccated coconut
Cocoa powder

Utensils:

2 x mixing bowl
A wooden spoon
Electric food processor/blender
(or baking paper and rolling pin)



What to do:

Let's prep

+ Crush up the biscuits until they are crumbled into small morsels. You can do this in a blender or food processor- or you can put them between baking paper and allow your children to crush the biscuits with a rolling pin.

+ Pour the crushed biscuits into one of your mixing bowls. To this add:

1/4 cup of cocoa powder

1/4 cup of desiccated coconut

1 teaspoon of vanilla essence

1 can of condensed milk

+ Mix all of this until combined

+ In an empty mixing bowl, put one cup of desiccated coconut

Now for the fun bit!

+ Roll the mixture into little balls and drop them in the desiccated coconut

+ Put on nice plate or place in a container to rest in the fridge for a few hours then...

Bon appetite! *Try not to eat them all at once!*

