

# Head in the Clouds



Head in the clouds is a child-led activity that helps children relax and their imagination to flourish. It's a great opportunity to co-create a fun or beautiful story together. It is also a good activity to train the eyes and it provides the opportunity to learn about clouds and weather on planet earth.

## What you need:

A day with nice clouds  
Outdoor space  
Time and imagination

## What to do:

- + Find a nice patch of grass in your backyard or local park or sit on the beach or river bank with a good view of the sky
- + Invite children to look up at the sky. Find a nice vantage point to sit down or lie down
- + Share what you see. Are there any monsters? Animals? A boat? Anything is possible. You may see different things in the same cloud, and this is exciting!
- + Is there perhaps a story in the clouds? Are they changing? Where are they moving?

## Why not try...

Read a children's book about the weather together. To find a range of Children's' books on the weather [click here](#)

Learn about what clouds are and what their shapes say about the weather, using the [Cloud Spotter's Guide](#)

When you come home, draw the stories you have shared



reconnecting kids to nature

Activity provided by Kids In Nature Network Victoria

